

TLT COACHING AGREEMENT

This agreement, dated _____ sets out the conditions and understandings for a coaching relationship between Natalie Diaz Ludewig (Coach) and _____ (Client).

The Coach and Client hereby agree:

1. Coach and Client will meet for ***approximately*** 8-12 hours in person or via Zoom, Skype or other video conference. If sets of hours are needed beyond that, Coach and Client will discuss prior to the end of the set at that time in which the set at present is near its completion.
2. Coach and Client will jointly develop a coaching plan based on the Client's desired outcomes for coaching.
3. Coach agrees to facilitate and Client agrees to follow the coaching plan.
4. Coach agrees to spend appropriate amount of time in preparation for meetings with client.
5. It is the Coach's responsibility to administer the techniques with clarity and precision.
6. It is the Client's responsibility and understanding that the results of any coaching will depend on his ability to take action and to follow the coaching plan to the best of his abilities, communicate clearly with the Coach, and to take responsibility for the results achieved. Coach can only facilitate, the responsibility for making the processes work is the Client's alone as no one else can do them for him.
7. Client agrees to share with Coach all issues on which Client needs assistance. Client agrees that *issues not shared* with Coach may not be resolved or *may impede* the successful achievement of his goals and objectives.
8. Coach agrees to use best efforts to assist Client to resolve issues shared with Coach and also agrees to full confidentiality. The only exception to confidentiality is an imminent danger to anyone's life.
9. The **Transformational Breakthrough Program** includes:
 - a. Detailed Personal History
 - b. Establishment of goals and outcomes
 - c. Coaching, Time Line Therapy® techniques, and Neuro Linguistic Programming - elimination of negative emotions and limiting decisions and beliefs
 - d. Tasks for Client to complete
 - e. 30-day follow up (free)
10. Client agrees that Coach may assign **tasks** to be done and that Client will give his best effort to fulfill these tasks. Client further agrees that if tasks are not done the outcome of the coaching cannot be predicted.

DO NOT WRITE BELOW THIS LINE

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Exodus Synergy

245 N Broadway SUITE 207 • Sleepy Hollow, NY 10591 • (914) 586 – 2520

11. Client understands that Coach is not providing psychological or medical advice and that Coaching should in no way replace sound treatment from a licensed health care provider. Although your Coach is a licensed Medical Professional, this particular treatment is regulated by the Association of Integrative Psychology and therefore *Not* related to the professional licensing which is regulated by the National Association of Social Work Board. The coaching services you receive are not licensed in this state, nor are they regulated by a governmental body. We will always provide only those services in which we have been trained, and if we find that we cannot help you, we will refer you to a professional who can assist you. Client understands that Coaching Services are considered complementary health care. Natalie Diaz Ludewig, LCSW-R does not accept any liability for injury or loss in connection therewith.
12. Client accepts that it is his responsibility to consult with an appropriately trained and qualified specialist for medical advice directly related to his specific ailment. Never disregard the medical advice of a health professional, or delay seeking such advice because of information offered or provided within or through the website or services.
13. The hourly fee under this agreement will be _____ (with 8 hours *minimum*). I agree to pay this amount in accordance to the attached Payment Agreement & Schedule. We do not bill insurance. Cash, checks, or credit cards are accepted.
14. ExodusSynergy requires that cancellation for scheduled appointments be received 48 hours in advance. Missed or cancelled appointments (that did not provide minimum 48 hour notice and were not a medical emergency) will be charged a Missed Appointment fee at the same rate as a kept appointment. Further details are provided in the attached Attendance Policy.
15. This agreement starts on the date first payment is made and will continue until the breakthrough process is complete or the Client provides a contract cancellation written notice (2 weeks notice). After the initial breakthrough, a free follow up is provided 30 days out.

I have read and understand the above stated policies of Natalie Diaz Ludewig at ExodusSynergy. Your signature below indicates that you have read the information in this document and agree to abide by its terms during our professional relationship.

Coach: _____ Date: _____

Client: _____ Date: _____

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